

Aftercare Instructions

It is essential that you follow these instructions after your cosmetic tattoo session.

<u>Washing and Ointment</u>: Wash the tattooed area very gently and then apply a very thin, breathable layer of ointment. Do this twice per day, once in the morning and once at night. When washing, please DO NOT SCRUB, instead rub gently with clean fingers. After lightly washing, air dry for 5 minutes then apply aftercare ointment very lightly. This helps to prevent scabs from forming. Less is more, use sparingly. During bathing, do not let water or steam touch the tattooed area. Minimal splattering of water is ok, but do not let the tattoo get saturated with water or steam.

The following must be avoided for 7 days:

- Picking, peeling, scrubbing or scratching of the tattooed area (This is VERY important to heal correctly).
- Direct sunlight during the first week, after that use sunscreen to help prolong the tattoo.
- Makeup of any kind on the eyebrow area
- Excessive sweating
- Swimming
- Hot sauna, hot bath or Jacuzzi
- Sun tanning (bed or outdoor)
- Any laser or chemical treatments or peelings, and/or any creams containing Retin-A or Glycolic Acid on the face (Using these at any point will fade the tattoo at an accelerated rate).
- Drinking alcohol in excess, as it may lead to slow healing of wounds
- Driving in open air vehicles such as convertibles, boats, bicvcles or motorcycles
- Touching of the eyebrow area except for when rinsing and applying the aftercare

What to Expect After Your Cosmetic Tattoo Session

The key to proper healing is patience, controlled moisture (ointment), and NOT picking at the skin.

Your new tattoo will go through several phases during the healing cycle.

Day 1-5: The pigment can appear very sharp and dark immediately after the procedure. This is because the pigment is still sitting on top of your skin, and has not yet settled in completely. The color of the pigment will soften gradually. The color may also appear reddish or very red (depending on the color chosen), but will start to fade in a few days. If your lips were tattooed, the area will get darker and the skin will begin to peel. Do not pull or pick at the skin. It will look like the color is coming off completely. This is normal and the color will resurface as healing continues.

WEEK 1-2: If your brows or eyeliner were done, once the healing of the skin starts taking place, it may look like dandruff flakes or dry skin. The color may even appear "patchy." Do NOT pick at the skin. Let the skin heal. If your lips were tattooed, the color should start to reappear at this point. It will be subtle and gradual.

WEEK 3: If your brows or eyeliner were tattooed, clients experience "fading," but this is new skin growth that makes the pigment look dulled. Please be patient as there is still healing taking place on a microscopic level.

WEEK 4: You will notice that the pigment almost "reappears" after the new skin is healed. By now you might seem areas that need retouching. This is normal and indication that your touch-up session is near!

I have read and understand the aftercare procedures. By signing below, I agree to follow the instructions above to ensure proper healing and acknowledge that I was given a copy of these instructions.